## **Guidelines and disclaimer**



- All walk participants take place in the Stevo Stumble entirely at their own risk.
- Neither the organisers or the Trust shall be liable, or accept liability, for any accidents, injury, loss or damage sustained as a consequence of participation in the event.
- Participants are advised to wear suitable clothing and footwear for a 13 mile-ish route and be prepared for all weather conditions.
- Refreshments will be available at one marshal point along the walk route, but participants are also advised to carry water and snacks with them.
- Any participant who has any doubts about their fitness or ability to take part should consult their GP or a suitably qualified health professional before participating.
- Emergency contact numbers below participants should ensure they have both this number and a phone with them during the walk
- Participants are required to register on arrival at Thornton Le Dale Cricket Club before beginning the event and Malton Rugby Club on completion of the walk
- The route consists of minor roads and main road crossings, uneven ground, stiles and mud paths, over public and private land.
- Children must be accompanied by their responsible adult at all times.
- The parts of the route on minor roads must be walked with caution and consideration to other road users.
- Participants must follow the route marked as shown by the red and white markers and arrows.
- Cross all roads in accordance with the marshal's directions this will be at two points along the route. Register with the marshal when crossing near Howebridge Farm.
- **NO DOGS** are allowed on this event.
- Notify the finisher (James Machin) that you have completed the walk at the rugby club.
- Emergency Tel Number: Sally Wilson: 07971 813965
- Patrick Stephenson: 07973 537427. James Machin: 07976 294573.
- First Aider: Kit Wilson: 07495 570627

